



Week 8

BSHARP@HOME

Supporting you to make music during the lockdown and beyond

Hello and welcome to B Sharp@Home music activities

Here are some more fantastic fun and easy ways to practise your music skills and connect with everyone at B Sharp.

**Parents - please see here to give consent
for music and videos to be shared on social media.**

Send your emails with videos/audios of your music to
bsharp@home@bsharp.org.uk

Drumming with Harvey

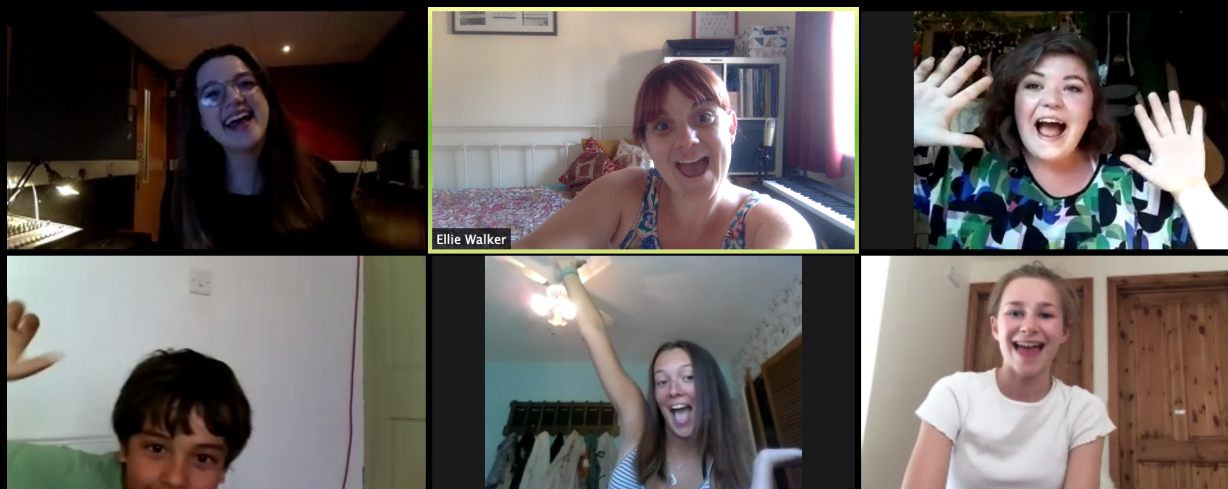
In this lesson we look at taking some simple rudiments (stick patterns), playing them over different voices amongst the kit, to create some interesting and more developed-sounding drum fills. The key is to start slow, get confident, then speed up. Have fun.



**CLICK HERE FOR
HARVEY'S VIDEO**



B SHARP ZOOM SESSIONS



Thanks to everyone who took part in our online singalong. It was lovely to see and talk to B Sharpers after such a long time. All our Zoom sessions are open to anyone regardless of your age or which group you would normally attend. To sign up please email bsharpathome@bsharp.org.uk

Our next session will be on Tuesday 16th June at 6.30. See below for more information.

LIVE SONGWRITING SESSION

**Tuesday 16th June:
6.30 – 7.10pm**

Jacques and Harvey lead an interactive live song writing experience.

Open to instrumentalists and singers



All you need to join in:

- a decent internet connection
- a computer or tablet with a microphone and video enabled

The Zoom sessions are free though we would ask for a small donation to B Sharp via our [JustGiving page](#) to help keep us going through this difficult period.

Percussion with Jacques

Jacques has been exploring how to create simple rhythms by using spoken phrases. This time round, he's using phrases about our local beach in Lyme Regis. You can find more of Jacques's videos on percussion and any of the videos from our newsletter on our YouTube channel below.



[B SHARP@HOME
YOUTUBE PLAYLIST](#)



[CREATING RHYTHMS FROM
SPOKEN PHRASES – PART 1](#)



Mindful reminder

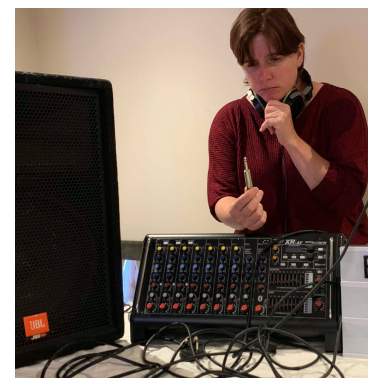
Sometimes you can express through music what you might struggle to say with words. You can use music to capture your mood and express how you feel with the [Cove app](#)

Music can help improve your well-being and help you feel calm. There are guided meditations too like these, called [Mindfulness for Teens](#). It may seem a bit weird at first but you might grow to enjoy it.



Coming next week

For those of you about to start gigging, you'll find our beginner's guide to what a PA system consists of and how to make it work. Kelly and Dave the sound engineer are here to help you.



Coming up in July



If you have any little ones who enjoy music, our group Little B's has lots of videos to keep you singing and moving. To celebrate the busking festival, we will be having a Zoom singlong in the morning. More details to follow.

Busking Festival ONLINE

Saturday 4th July – All Day



Watch this space for more information about everything that will happen on this day.

B SHARP VIRTUAL END OF TERM PARTY

Thursday 16th July:

4 – 4.40pm

Kelly hosts a B Sharp virtual end of term party. Fancy dress encouraged...



www.bsharp.org.uk email: bsharpathome@bsharp.org.uk



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MUSIC**



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