



Week 3

BSHARP@HOME

Supporting you to make music during the lockdown and beyond

Hello and welcome to B Sharp@Home music activities!

While we are not able to meet to make music together as a group, we will be sending you fun and easy ways to carry on making music and connecting together.

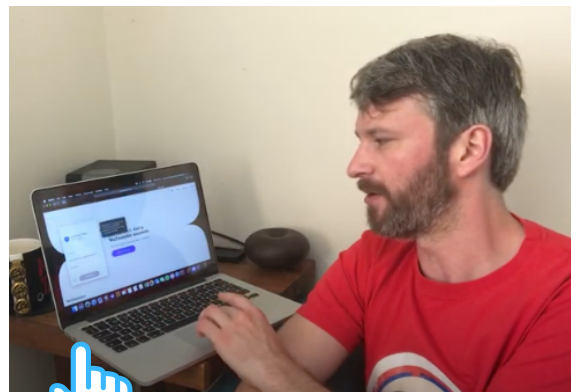
**Parents - please see here to give consent
for music and videos to be shared on social media.**

Send your emails with videos/audios of your music to
bsharp@home@bsharp.org.uk

We'd also like to know what you think of the newsletter and anything you'd like to see in it in the future. Enjoy...

How to send us your videos ...

Struggling to send your videos or audio files using just your emails? Here is a tutorial on how to use the file transfer website called wetransfer.com. Follow Jacques's instructions and you should be able to send your wonderful recordings to us so we can watch your hard work.



How to upload file from Android

Not sure how to upload your video?

Well Kelly has created a video to help explain how to record an audio file and share it with us at:
bsharpathome@bsharp.org.uk



[CLICK HERE FOR VIDEO TUTORIAL](#)

B Sharp Family Challenge:

BOHEMIAN RHAPSODY

[Click here
for lyrics](#)



Don't forget about our B Sharp Bohemian Rhapsody compilation video. Film yourself singing, dancing or playing along to the classic Queen song. All chords are available on the internet with a quick Google search and use this Youtube video as the guide to play along. The video can be as short or as long as you like. Why not get all the family involved? Head banging for 10 seconds could be your exercise for the day... We can't wait to put together this montage of musical madness. Even the music leaders are getting involved...

Jacques's guitar tutorials...

One is an exercise that will help you deal with chords that you find hard to play, and the other is an exercise that will add a bit of rhythm to your strumming.



Hannah's musical challenge ...

for Boombox, Axe Valley Rock n Pop Club and Bridport Jams Juniors

Watch Hannah's video to learn how to make container harps. This week you'll need a plastic container and some elastic bands.

Don't forget to send us a recording or video of your own tune.



Ellie K's Musical Chain ...

Here is the third link in Ellie K's Musical Chain. Have a jam along and send us a video back of you singing/playing along on any instrument. We will send out the next layer in the next newsletter for you to add to, then build a musical chain composition together. One rule - create a video **WITHOUT** showing your face - you might have to be creative!



Check out our Facebook page...

Meet the Music Leader



There has been lots happening over on our B Sharp Facebook Page. Welcome to one of our new online projects - #MeettheMusicLeader. This is going to run during the next few weeks of isolation, to give you all an insight into what our Music Leaders get up to outside of our sessions.

[CLICK HERE TO GO TO B SHARP'S FACEBOOK PAGE](#)



Little B's



Do you have younger brothers or sisters? Or maybe you just want to see Jacques in a monkey costume? B Sharp and music for mini's have created a group to keep your little ones entertained over the lockdown period with various videos and activities. So keep checking in as new content will be arriving all the time.



Kelly's guide to free music Apps

Did you enjoy reading last week's newsletter and exploring the online websites we suggested? Do you have a favourite? This week we share with you fun Apps that will help keep boredom at bay as we go into our 6th week of lockdown. Music leaders have personally recommended their favourite Apps for you to explore. Please share your findings with us.

[CLICK HERE FOR GUIDE TO FREE APPS](#)



Don't forget...

YOUNG MINDS
Young Minds
www.youngminds.org.uk



The Mix
www.themix.org.uk



Elefriends
www.elefriends.org.uk



Children's guide to coronavirus
www.childrenscommissioner.gov.uk/publication/childrens-guide-to-coronavirus

childline

ONLINE, ON THE PHONE, ANYTIME
childline.org.uk | 0800 1111

Childline
www.childline.org.uk

Getting involved with making music and connecting with other people can help keep you feeling positive. Take part in our musical activities, play an instrument, write your own song or sing along to a song you love.

If you need additional support, here are some useful resources. Click on any of the logos above to take you to the website.

www.bsharp.org.uk email: bsharpathome@bsharp.org.uk



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MUSIC**



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